



ALL STAR

CHEER AND DANCE SEASON 2



TEAM INFORMATION PACKET 2024-2025

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NON-COMPETITIVE CHEER 101 SESSIONS DANCE 101 SESSIONS



This is a non-competitive program. This page is provided so families can review all options regarding cheerleading and dance programs at TVT Allstars

<p>AGES</p>	<p>Recreational cheerleading and dance sessions are open to athletes ages 3-14 years old. Come have them try cheerleading OR Dance</p>
<p>CHOOSE ONE 5 WEEK SESSION</p>	<p>Spring Session May 1st 2024- May 29th 2024 <i>Cheer 101 Wednesdays 6-7pm (ages 3-6)</i> Summer Session July 10th 2024- August 7th 2024 <i>Cheer 101 Wednesdays 7-8pm (ages 7-14)</i> Fall Session October 2nd 2024 - October 30th 2024 <i>Dance 101 Wednesdays 6-7pm (ages 3-6)</i> Winter Session January 8th 2025- February 5th 2025 <i>Dance 101 Wednesdays 7-8pm (ages 7-14)</i></p>
<p>COST</p>	<p style="text-align: center;">\$75</p> <p>Includes a tshirt, bow and pom poms for both cheer and dance sessions</p>
<p>UNIFORM</p>	<p>Athletes will receive a t-shirt, bow and pom poms included in your cost. This t-shirt, bow and pom poms will be used in each session throughout the year. Athletes need to provide black shorts or leggings and clean white sneakers for end of session performance.</p>
<p>WHAT TO EXPECT</p>	<p>Throughout the sessions we will teach the following skills:</p> <ul style="list-style-type: none"> • Cheer/ Dance Jumps • Motions • Basic stunting (Cheer) • Terminology • Tumbling • Cheers • Fundamentals of beginner dance styles including jazz, hip hop, pom <p>Throughout the session, the athletes will learn:</p> <ul style="list-style-type: none"> • A short 1-2 minute routine to perform in-house on the final week of the session. <p>In-house performances are open to friends and family members and take place at TVT Allstars</p>



FULL YEAR COMPETITIVE CHEERLEADING PROGRAM OPTIONS

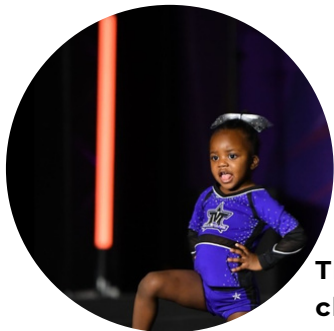
TINY NOVICE CHEER

Birth Years 2019-2021



This program is perfect for tiny athletes entering the world of cheerleading! If they have never done cheer or have been interested in trying cheer, this is the program for you. No team placement required meaning athletes are not required to tryout. Registration is \$15 to trial a practice to see if you and your little one like it. After that you opt into monthly tuition. Registration is open from March 15th 2024-August 31st 2024 to join this team

- Season runs June to April
- Tiny Novice practices are Mondays 6-7pm
- No additional tumbling day required
- Monthly Tuition \$50
- Will learn a 1 minute and 30 second routine including grounded stunts & pyramid, tumbling, jumps, motions and dance
- will compete just like the older athletes
- Sibling Discount can not be applied to this tuition
- Please check "Programs at a glance" chart to see additional fees and commitments



Birth Years 2019-2021

TINY NOVICE CHEER PLUS *NEW

This program is perfect for tiny athletes that have already entered the world of cheer! They have loved it and want to continue to learn and build more age appropriate skills. If your tiny has cheered before whether competitively or sideline, this is the team for you. No team placement required meaning athletes are not required to tryout.

Early Bird Registration fee before April 30th, 2024 is \$25. Registration fee after April 30th, 2024 is \$50. Registration is open from March 15th 2024-August 31st to join this team.

- Season runs June to April
- Tiny Novice Plus practices on Thursdays 6-7pm
- additional tumbling day highly recommended Fridays 5:30-6:15pm
- Monthly Tuition \$65
- Will learn a 1 minute and 30 second routine including grounded stunts & pyramid, tumbling, jumps, motions and dance
- will compete just like the older athletes
- Sibling Discount can not be applied to this tuition
- Please check "Programs at a glance" chart to see additional fees and commitments
- End of season Nationals The Open Championship April 2025 Universal Studios Orlando, FL



FULL YEAR COMPETITIVE CHEERLEADING PROGRAM OPTIONS

PREP CHEER

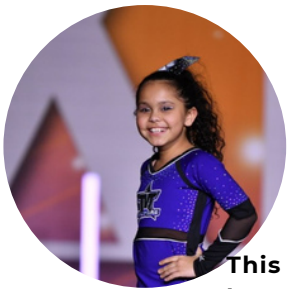
Birth Years 2008-2018



This program is perfect for any athletes entering the world of cheerleading! If they have never done cheer or have been interested in trying cheer, this is the program for you. No team placement required meaning athletes are not required to tryout. Registration is \$15 to trial a practice to see if you and your athlete like it, and then you opt into monthly tuition.

Registration is open from March 15th 2024-August 31st 2024 to join this team

- Season runs June to April
- Practices are Mondays 6-830pm
- No additional tumbling day required but highly recommended Fridays 6-7pm
- Monthly Tuition \$70
- Will learn a 2 minute routine including stunts & pyramid, tumbling, jumps, motions and dance
- Sibling Discount can be applied to this tuition
- Please check "Programs at a glance" chart to see additional fees and commitments



Birth Years 2008-2018

PREP CHEER PLUS *NEW

This program is perfect for those athletes that have already entered the world of cheer! They have loved it and want to continue to learn and build more skills. If your athlete has cheered before whether competitively or sideline, this is the program for you. Tryouts are required, everyone makes a team. After initial tryouts, the athletes will continue to be evaluated during summer training practices. In the month of August, athletes will then be placed on their respective teams to prepare for choreography.

Early Bird Registration fee before April 30th, 2024 is \$25. Registration fee after April 30th, 2024 is \$50. Registration is open from March 15th 2024-July 31st 2024. Athletes wanting to join after July 31st will be subject to a private tryout before being placed on a team.

- Season runs June to April
- Choose your tryout day Thursday May 16th or May 23rd 6-8pm
- Summer Training Practices Wednesdays 6-830pm
- MUST have open availability for either Tuesdays or Wednesdays 6-830pm, as team placements in August will determine your athlete's practice day once teams have been selected
- Additional tumbling day required Fridays 6-7pm
- Monthly Tuition \$85
- Will learn a 2 minute routine including stunts & pyramid, tumbling, jumps, motions and dance
- Sibling Discount can be applied to this tuition
- Please check "Programs at a glance" chart to see additional fees and commitments
- End of Season Prep and Rec Nationals in April 2025 Universal Studios Orlando, FL



FULL YEAR COMPETITIVE CHEERLEADING PROGRAM OPTIONS

ELITE CHEER

Birth Years 2006-2016



This program is perfect for those athletes that are fully committed to cheerleading! They have overall confidence and have acquired the skill sets necessary to call themselves Elite. You must be strong in a minimum of one aspect to be considered elite: tumbling (roundoffs, front and backwalkovers and higher skills), stunting (flying or basing), performance and motions. If your athlete has done cheerleading before whether competitively or sideline OR competitive gymnastics, this is the program for you. Tryouts are required, everyone makes a team. After initial tryouts, the athletes will continue to be evaluated during summer training practices. In the month of August, athletes will then be placed on their respective teams to prepare for choreography.

Early Bird Registration fee before April 30th, 2024 is \$25. Registration fee after April 30th, 2024 is \$50. Registration is open from March 15th 2024-July 31st 2024. Athletes wanting to join after July 31st will be subject to a private tryout before being placed on a team.

- Season runs June to April
- Summer Training Practices Thursdays 6-830pm
- MUST have open availability for BOTH Tuesdays AND Thursdays as this will be the practice schedule for Fall. And must be available as depending on the team practice times will vary between 530-830pm
- Additional tumbling day required Fridays 7-8pm
- Monthly Tuition \$100
- Choose your tryout day Friday May 17th or May 24th 6-8pm
- Levels 1-6
- Will learn a 2 minute and 30 second routine including stunts & pyramid, tumbling, jumps, motions and dance
- Sibling Discount can be applied to this tuition
- Please check "Programs at a glance" chart to see additional fees and commitments
- End of season Nationals The Open Championship April 2025 Universal Studios Orlando, FL
- To those teams that earn a Full Paid Bid All Star Worlds Championship Orlando Convention Center April 2025



FULL YEAR COMPETITIVE CHEERLEADING PROGRAM OPTIONS

CHEERABILITIES

Open to ages 3-21



This program is perfect for any athletes with special powers. At TVT our Full Year Cheerabilities Team competes like everyone else. They attend Competitions from Dec-April. And for the end of the year they compete at Nationals at Universal Studios in Florida. Cheerabilities athletes learn how to stunt, tumble, dance and more! This is a great movement program and support system for parents alike. We accept boys and girls and all type of abilities. There is no registration fee required. Registration runs from March 15th 2024- October 31st 2024 to join these teams.

Volunteers needed to help navigate our athletes throughout the routine. No cheer experience necessary for our buddies. Experience working with super heroes is a must.

- Season runs June to April
- Summer Practices are on select Saturdays 12-1pm (ages 3-14) OR 1-2pm (ages 15-21)
- Fall practices are every Saturday 12-1pm (ages 3-14) OR 1-2pm (ages 15-21)
- No additional tumbling day required
- Monthly Tuition \$30
- Will learn a 2 minute routine including stunts & pyramid, tumbling, jumps, motions and dance
- Sibling Discount can not be applied to this tuition
- Please check "Programs at a glance" chart to see additional fees and commitments

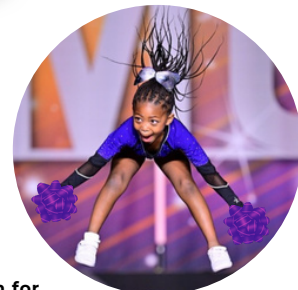




FULL YEAR COMPETITIVE DANCE PROGRAM OPTIONS

TINY NOVICE POM DANCE

Birth Years 2019-2021

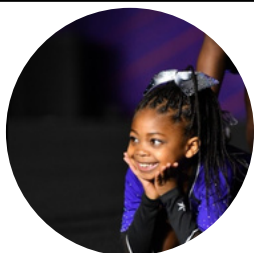


This program is perfect for tiny athletes entering the world of dance! If they have never done dance than this is the team for them. Pom dance is an energetic and dynamic style of dance that places emphasis on precise and synchronised arm movements, formations, jumps, and skills. The choreography in pom dance is typically fast-paced, visually appealing, and filled with high-energy movements.

Pom dance incorporates elements from various dance styles, including jazz and hip hop. Dancers often integrate jazz-inspired techniques such as kicks, turns, leaps, and extensions, combined with hip hop-inspired isolations and body movements. This fusion of styles creates a unique and vibrant performance that captivates both dancers and audiences alike.

No team placement required meaning athletes are not required to tryout. Registration is \$15 to trial a practice to see if you and your little one like it. After that you opt into monthly tuition. Registration is open from March 15th 2024-August 31st 2024 to join this team

- Season runs June to April
- Tiny Novice Pom Dance practices are Wednesdays 6-7pm
- No additional tumbling day required but highly recommended Fridays 530-615pm
- Monthly Tuition \$50
- Will learn a 1 minute and 30 second routine tumbling, jumps, partner tricks, motions and dance
- will compete just like the older athletes
- Sibling Discount can not be applied to this tuition
- Please check "Programs at a glance" chart to see additional fees and commitments



Birth Years 2006-2018

PREP DANCE

This program is perfect for athletes entering the world of dance OR have already entered the world of dance! Whether you have experience or always wanted to try a competitive dance team, this is the program for you. Pom dance is an energetic and dynamic style of dance that places emphasis on precise and synchronised arm movements, formations, jumps, and skills. The choreography in pom dance is typically fast-paced, visually appealing, and filled with high-energy movements.

Pom dance incorporates elements from various dance styles, including jazz and hip hop. Dancers often integrate jazz-inspired techniques such as kicks, turns, leaps, and extensions, combined with hip hop-inspired isolations and body movements. This fusion of styles creates a unique and vibrant performance that captivates both dancers and audiences alike.

Tryouts are required, everyone makes a team. After initial tryouts, the athletes will continue to be evaluated during summer training practices. In the month of August, athletes will then be placed on their respective teams to prepare for choreography.

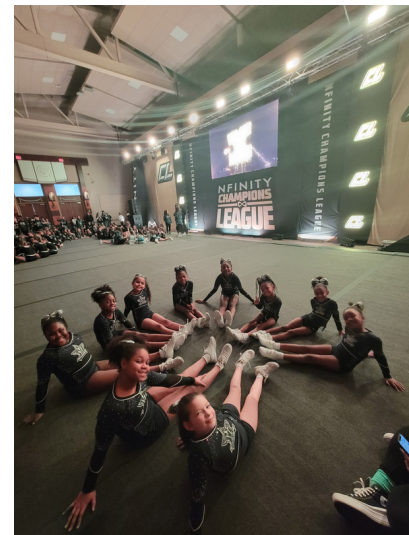
Early Bird Registration fee before April 30th, 2024 is \$25. Registration fee after April 30th 2024 is \$50. Registration is open from March 15th 2024-July 31st 2024. Athletes wanting to join after July 31st will be subject to a private tryout before being placed on a team.

- Season runs June to April
- Choose your tryout day Wednesday May 15th or May 22nd from 7-8pm
- Prep Dance practices on Wednesdays 6-830pm
- additional tumbling day highly recommended Fridays 6-7pm
- Monthly Tuition \$70
- Will learn a 1 minute and 30 second routine including partner stunts and tricks, tumbling, jumps, motions and dance
- Sibling Discount can be applied to this tuition
- Please check "Programs at a glance" chart to see additional fees and commitments
- End of season Nationals The Open Championship April 2025 Universal Studios Orlando, FL



PROGRAMS AT A GLANCE CHART

	Tiny Novice Cheer Ages 3-5	Tiny Novice Cheer Plus Ages 3-5	Prep Cheer Ages 6-16	Prep Cheer Plus Ages 6-16	Elite Cheer Ages 8-18	Tiny Novice Dance Ages 3-5	Prep Dance Ages 6-18	Cheer Abilities Ages 3-21
Season Runs	June-April	June-April	June-April	June-April	June-April	June-April	June-April	June-April
Practices	Mondays 6-7pm	Thursdays 6-7pm	Mondays 6-830pm	Tuesdays OR Wednesdays 6-830pm	Tuesdays and Thursdays 6-830pm	Wednesday 6-7pm	Wednesday 6-830pm	Saturdays 12-1pm OR 1-2pm
Tumbling Class	Not required	Highly Recommended Fridays 530-615pm	Highly Recommended Fridays 6-7pm	Required Fridays 6-7 pm	Required Fridays 7-8 pm	Highly Recommended Fridays 530-615pm	Highly Recommended Fridays 6-7pm	Not required
Tuition/Uniform	\$50 Monthly Tuition \$345 Uniform	\$65 Monthly Tuition \$345 Uniform	\$70 Monthly Tuition \$345 Uniform	\$85 Monthly Tuition \$345 Uniform	\$100 Monthly Tuition \$345 Uniform	\$50 Monthly Tuition \$345 Uniform	\$70 Monthly Tuition \$345 Uniform	\$30 Monthly Tuition \$200 Uniform
Tryout Info/Registration Fee	No Tryout \$15 to trial a practice	No Tryout \$25 Early Bird \$50 After April 30th	No Tryout \$15 to trial a practice	Tryouts Thursday May 16th OR May 23rd 6-8pm \$25 Early Bird \$50 After April 30th	Tryouts Friday May 17th OR May 24th 6-8pm \$25 Early Bird \$50 After April 30th	No Tryout \$15 to trial a practice	Tryouts Wednesday May 15th OR May 22nd 7-8pm \$25 Early Bird \$50 After April 30th	Not applicable
Summer Training/Choreography	Not applicable	Not applicable	2 Day Choreography Monday and Tuesday August 19th-20th 12-4pm	Summer Practices Wednesdays Only 6-830pm 2 Day Choreography Wednesday and Thursday August 21st and 22nd 12-4pm	Summer Practices Thursdays Only 6-830pm 2 Day Choreography Wednesday and Thursday August 21st and 22nd 4-8pm	Not applicable	Not applicable	Not applicable
Competition Schedule **Full Schedule Released June 30th	6 Local Competitions MA, RI, CT only	8 Local Competitions MA, RI, CT only Plus Orlando, FL Nationals April 2025	6 Local Competitions MA, RI, CT only	8 Local Competitions MA, RI, CT only Plus Orlando, FL Nationals April 2025	8 Local Competitions MA, RI, CT only Plus Orlando, FL Nationals April 2025	6 Local Competitions MA, RI, CT only	8 Local Competitions MA, RI, CT only Plus Orlando, FL Nationals April 2025	6 Local Competitions MA, RI, CT only Plus Orlando, FL Nationals April 2025



Financial Commitment

***disclaimer your first season at TVT is the most expensive as you have to get all the required apparel plus the regular fees**

MONTHLY TUITION \$30-\$100

Includes the following.

- Weekly practices and staffing
- Additional tumbling class whether required or not
- Due on the 25th of each month

UNIFORM \$200/ \$345

- Uniform top and bottom
- Bow
- Payment Due August 15th 2024
- If you need split payments please communicate with owner Tineisha

COMPETITION FEES

- Tiny Novice Cheer & Dance/ Prep Cheer \$500 per athlete. 1st split payment of \$250 due September 16th 2024, 2nd payment of \$250 due October 16th 2024
- Cheerabilities TBD when competition schedule is released June 30th
- Tiny Plus/ Prep Plus Cheer/ Elite Cheer/ Prep Dance \$600 per athlete. 1st split payment of \$300 due September 16th, 2024, 2nd split payment of \$300 due October 16th 2024
- Please communicate with owner Tineisha if you need additional splits for payments

CHOREOGRAPHY AND MUSIC FEES

- Each athlete \$100 Due July 15th

REQUIRED ADDITIONAL SEASON FEES

- Cheer Sneakers (you get your own as long as they are white, these are required by the 1st summer practice)
- Cheer make up \$10
- Backpack \$120 / Tiny Backpack \$100 (Due August 15th 2024)
- Practice Wear set \$40
- 2nd Practice Wear \$60
- Uniform items athletes outgrow \$50-\$200 (Due August 15th 2024)
- Warm up Jacket and Pants Set \$75
- Showcase tickets TBD plan for showcase in November 2024
- Team Bonding activities \$12-\$50

TEAMS GOING TO ORLANDO, FLORIDA

Certain teams will end their season in Orlando, FL for The Open Championships at Universal Studios. This is a two-day event and athletes will need to attend the night before for practice. All athletes accepting placement on these teams should be prepared to travel typically in April. An Additional competition fee applies (estimated \$500) and will be due in February/March 2025. Please be wary of the teams you want your athlete to be on if this is not feasible

FUNDRAISING

There will be fundraising opportunities available for families, if they choose

SEASON 2 REGISTRATION

NEXT STEPS:

STEP 1: READ THIS PACKET.

STEP 2: CLICK THE BUTTON BELOW & CHOOSE TRYOUT DAY IF APPLICABLE
AND PAY FOR REGISTRATION FEE

STEP 3: YOU WILL RECEIVE AN EMAIL TO FILL OUT REGISTRATION
FORM AND TO JOIN OUR BAND GROUP!

[CLICK HERE TO BEGIN TO PAY FOR REGISTRATION FEE/
SELECT TRYOUT DATE](#)

Head to our website to check out
everything we offer
[Www.tvtallstars.com](http://www.tvtallstars.com)

TVT ADDITIONAL OFFERINGS



PARENTS, DO YOU NEED A RIDE FOR YOUR ATHLETE TO ANY AFTER SCHOOL SPORTS PRACTICES??

ASK HOW TO SET UP A RIDE FOR YOUR ATHLETE TODAY

THIS IS ALSO OUR OFFICIAL RIDES TO COMPETITIONS FOR TVT MEMBERS. SPACE IS LIMITED PER EACH COMPETITION

CHEERPORTATION@GMAIL.COM

7774-223-7706

TVT ALLSTARS SCHEDULE 2024
 Info@tvfallstars.com For classes or teams Register at www.tvfallstars.com/classes
 781-436-5183

Mondays & Tuesdays	Wednesdays	Fridays
Kids World 9-9:45AM Mini World Open Play (Ages 6 months-2 years old) 10-11AM Mini World Open Play (ages 2-5 yrs old) 11-12PM Homeschool Open Play (ages 2-14 years old) Teens have the option to be in a separate area to hang out with friends aside from main floor	Dazzlers Pom Dance Team 6-7pm (Ages 3-6) \$50 tuition plus uniform and comp fees 6:45-8pm (Ages 7-14) \$70 tuition plus uniform and comp fees (Still enrolling until March 1st)	Beginner Tumbling (ages 2-5) 6-6:45PM High School Tumbling Drop In (\$15 per athlete) 6-7pm Beginner Tumbling (ages 6+) 7-8PM College Tumbling Drop In (\$15 per athlete) 7-8pm
Saturdays	Saturdays	To trial a class \$15 Then opt into monthly class membership 1 class a week \$59 2 Classes a week \$79 Unlimited classes \$99
Kids World 9-10AM Mini World Open Play (Ages 6 months-5 years old) 11:30am-12:15PM Flippin' Jellyfish (movement and tumbling) (ages 3-9 years old)	Beginner Dance (ages 2+) 10-11am Adult Zumba 10:30-11:30am *first class is free	

471 Page St. Unit 2B Stoughton, MA

MOVEMENT PROGRAMS
 Can offer weekly program for x amount of weeks OR multiple 4 day workshops throughout the year

WE COME TO YOU!
 TVT ALLSTARS IS A NEW CHEERLEADING, DANCE AND YOGA GYM LOCATED IN STOUGHTON, MA. WE OFFER CLASSES AND COMPETITIVE TEAMS TO ALL AGES AND WE WOULD LOVE TO BRING THAT TVT ENERGY TO YOU.

WHY MOVE WITH US?
 TVT Allstars is focused on teaching children movement based skills in the form of cheerleading, dance or yoga. All while having fun! Our movement programs can cater to your child's (8 months to 2 years) all the way up to your highest school aged group.
 You can choose which movement program is best for your student:
 • Cheerleading Movement Program includes jumps, motions, tumbling, cheers and more!
 • Dance Movement Program includes hip hop, burlesque, and more styles!
 • Yoga Movement Program includes an accessible and fun way for kids to start learning about yoga through games and play.

781-436-5183
 FOR PRICING AND MORE INFORMATION, EMAIL: INFO@TVTALLSTARS.COM

CHECK OUT OUR CURRENT CLASS SCHEDULE AND WHAT ELSE TVT OFFERS
 STAY TUNED FOR OUR SUMMER CAMP OFFERINGS PACKET

WWW.TVTALLSTARS.COM

INFO@TVTALLSTARS.COM

781-436-5183

471 PAGE ST UNIT 2B

STOUGHTON, MA 02072

TVT Allstars
 471 Page St. Unit 2B
 Stoughton, MA
 781-436-5183

BIRTHDAY PARTIES

Minimum 3 hours: 1/2 to set up and 1/2 for clean up
 1.5 hours in the gym and 1/2 hour for cake and food
 \$325 includes table, time in gym and party room time
 up to 10 in party room, up to 50 in the dance area, up to 100 on the main floor
 \$150 non refundable deposit
 For every 30 mins overtime \$50 additional
 Over 30 people will incur an additional charge for more tables and chairs \$150

Want to add some additional fun??(additional cost)
 Popcorn machine \$100
 Snow cone machine \$100
 Our sparkly Cheerportation Bus that will pick up the birthday squad and bring them to the party \$300 roundtrip (seats up to 12)

TVT Allstars Presents: CHEERABILITIES TUMBLING CLASS

Do you have a child with special needs??
 If you don't feel like your athlete is ready for our team but still want to get them involved!

This class focuses on coordination and working to gain a skill that best fits your athlete. All ages and disabilities are welcome! This class can be taken if you don't feel they are ready for our CheerAbilities Team Venom. We will work on coordination, confidence, trying new things, and building endurance. Parents can choose to participate or watch.

When: Every Saturday 1-2PM
 For more information and to register please visit
 www.tvfallstars.com

Have questions? Email
 info@tvfallstars.com
 471 Page St. Unit 2B
 Stoughton, MA 02072